

Lunch

SANDWICHES

Fresh Mozzarella - *A House Favorite*

Sliced fresh mozzarella, roma tomato & fresh basil drizzled w/ our signature balsamic vinaigrette

Tuna

Diced red onion, cilantro, parsley with the perfect amount of mayonnaise

Chicken Salad

All white breast chicken, chopped & tossed with toasted almonds, celery & tarragon

BLT

Savory bacon, crisp lettuce topped with fresh roma tomatoes

HAM

Deli style ham with cheddar, tomato, red onion & sprouts

Homemade Veggie Burger

Incredible homemade veggie burger patty topped with cheddar, roma tomatoes, red onion & sprouts

Falafel

Hummus, tomato, lettuce and crunchy cucumber with our homemade Tahini Sauce

Hummus

A generous layer of our homemade hummus piled with roma tomato, crunchy cucumber, red onion, sprouts & lettuce

Beef & Lamb Gyro

Perfectly seasoned Gyro meat, tomato, onion, feta & homemade tzatziki sauce, wrapped in a warm pita

Feta

Tomato, basil, cucumber & onion all layered atop feta cheese & perfectly complemented with tzatziki sauce

6.35

Sandwich w/ Soup or Salad 8.85

Sandwich w/ Chips & Drink 7.55

(Coca-Cola, Diet Coke or Bottled Water)

Half Sandwich w/ Soup or Salad 7.85

SALAD

House Salad

Mixed greens & romaine lettuce topped with roma tomato, red onion, cucumber, sprouts & feta cheese dressed with our homemade balsamic vinaigrette

6.55

add tuna or chicken 8.55

SOUP

Wonderful soups made from scratch in our very own kitchen. Check soup board or ask about our soup of the day. Served with bread & butter

A Rotating Selection

- Tomato Basil • Black Bean •
- Lemon Rice • Egyptian Lentil •
- White Clam Chowder •

Cup 4.50

Bowl 5.25

Soup and Salad 7.85

Love, to go...

Coffee, our special blend **9.75**

Coffee, Water Processed Decaf **9.75**

T-Shirts **14.95**

Travel Mug **8.95 – 10.95**

Ceramic Mug **6.95 – 8.95**

Postcards **.50**

Our Locations...

Pioneer Square

Cherry and First (103 Cherry St) • 206.621.9372
Mon-Fri: 6:30AM – 5:00PM

Belltown

First and Lenora (2121 1st Ave) • 206.441.7176
Mon-Fri: 6:30AM – 5:00PM
Sat/Sun: 8:00AM – 5:00PM

First and Clay (2719 1st Ave) • 206.441.5489
Mon-Fri: 6:30AM – 5:00PM
Sat/Sun: 8:00AM – 5:00PM

Downtown - 1 block South of SAM

First and University (1212 1st Ave) • 206.264.9372
Mon-Fri: 6:30AM – 6:00PM
Sat/Sun: 8:00AM – 6:00PM

Downtown - Central bldg

Third and Marion (808 3rd Ave) • 206.442.9372
Mon-Fri: 6:30AM – 5:00PM